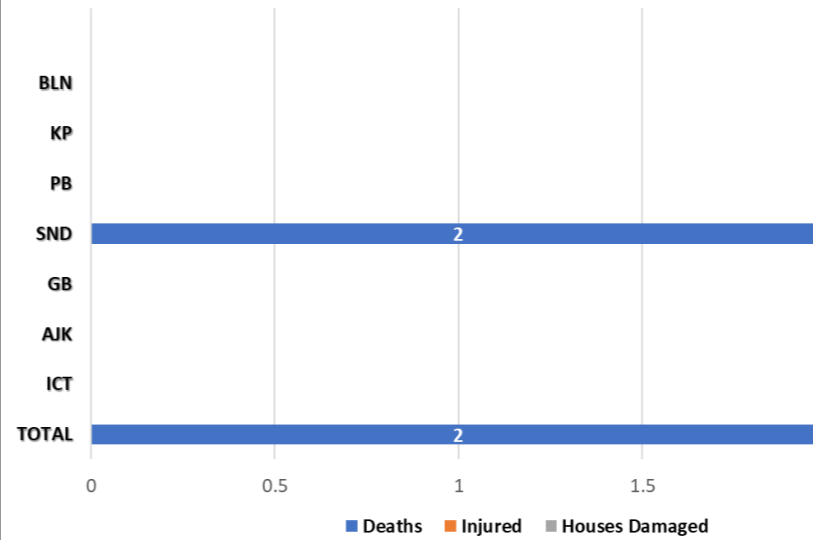


TOP RAINFALL RECORDED LAST 24 HOURS (MM)

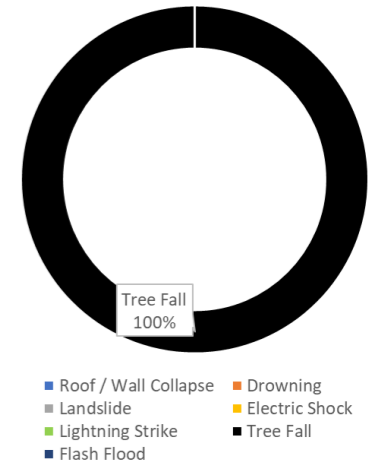
- Balochistan.** Khuzdar - Trace
- Khyber Pakhtunkhwa.** Buner 7, Besham 10
- Punjab.** Kasur 28, Gujranwala 7
- Sindh.** Tharparkar 15
- Gilgit-Baltistan.** Skardu - Trace
- State of AJ&K.** Panjera 2, Chakoti 1, Tandali 1
- ICT.** Nil

Data Source: PMD

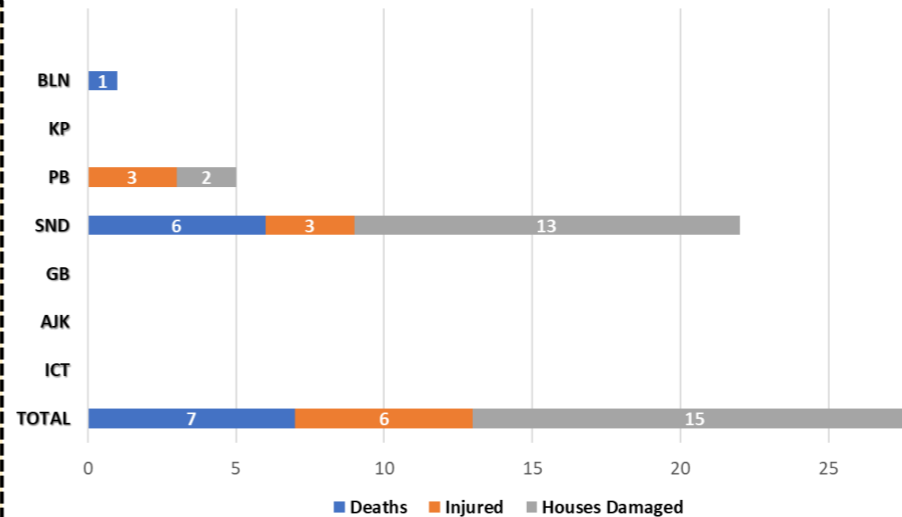
Losses & Damages Last 24 Hours



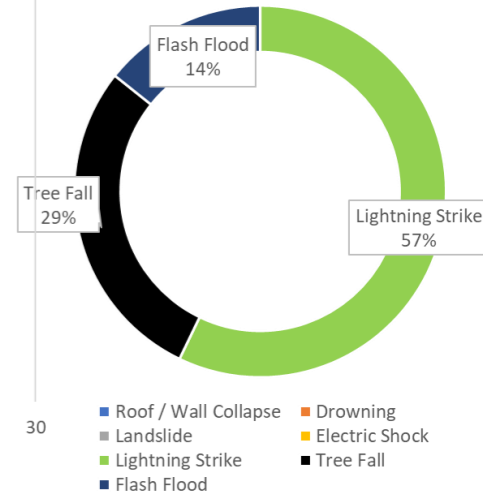
Last 24 Hrs Deaths Categorization



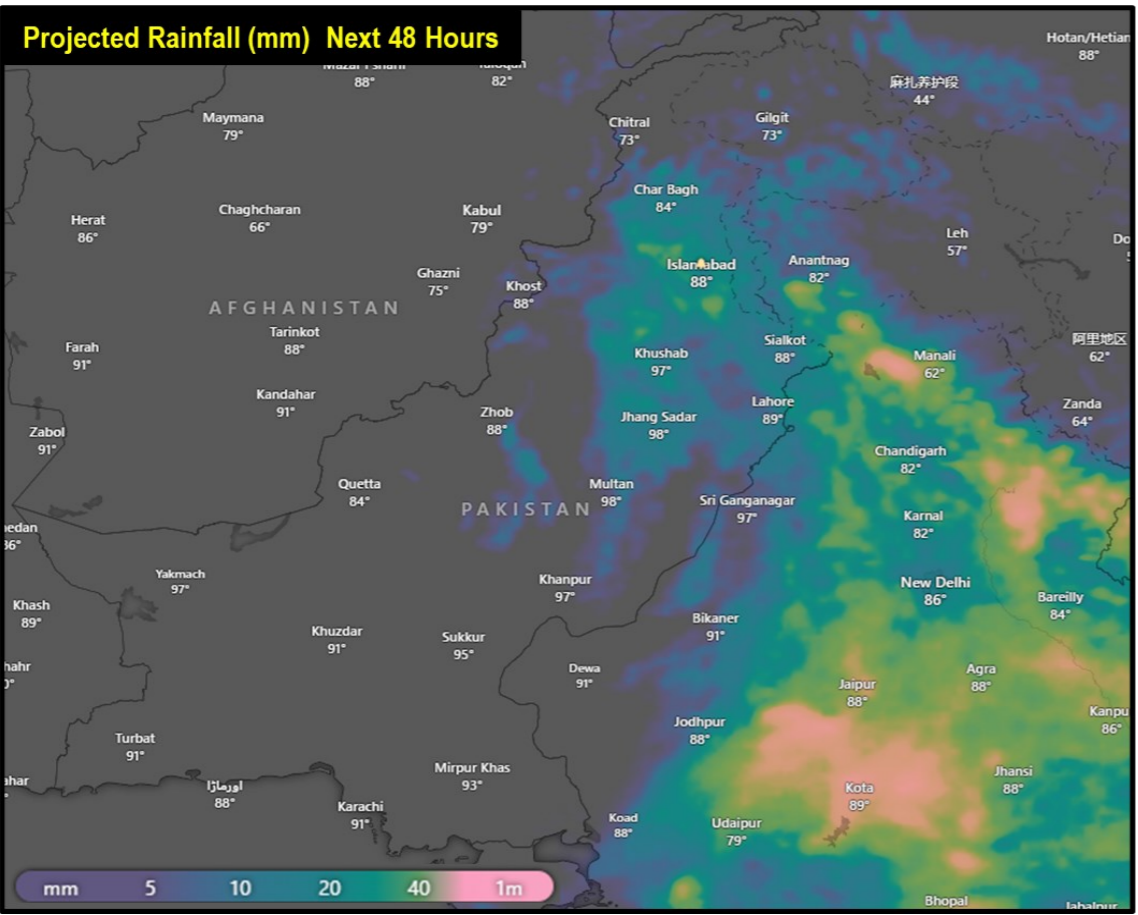
Cumulative Losses & Damages (1 Jul - 3 Jul)



Cumulative Deaths Categorization



Note: Losses / Damages data is provided by PDMAs / GBDMA / SDMA / Govt Depts and is preliminary.



Details			Tarbela Dam	Mangla Dam
MCL (Feet)			1,550.00	1,242.00
Dead Level (Feet)			1,402.00	1,050.00
Water Level (Feet)			1,485.35	1,186.25
Change Last 24 hrs (Feet)			+6.15	+0.95
Storage (MAF)	Max		5.809	7.356
	Present		2.491	3.442
Change Last 24 hrs			+0.265	+0.053
% Dam Filled			43.00	47.30
Change Last 24 hrs			+5.00%	+0.72%

Data Source: WAPDA

Details				Bhakra	Pong	Thein
MCL (Feet)				1,680.00	1,390.00	1,732.00
Water Level (Feet)				1,584.39	1,307.08	1,647.72
Storage (MAF)	Max			5.050	4.991	1.900
	Present			1.556	0.932	0.583
% Dam Filled				31	19	31

Data Source: PCIW

River	Site	Inflow	Outflow	Status
Indus	Tarbela	265,000	110,200	NORMAL
	Kalabagh	216,164	208,224	NORMAL
	Chashma	207,260	200,660	NORMAL
	Taunsa	195,398	168,042	NORMAL
	Guddu	140,816	103,621	NORMAL
Kabul	Sukkur	75,080	26,290	NORMAL
	Kotri	44,915	3,180	NORMAL
	Nowshera	89,400	89,400	LOW
Jhelum	Mangla	47,000	27,215	NORMAL
	Rasul	21,242	5,341	NORMAL
Chenab	Marala	69,850	38,277	NORMAL
	Khanki	56,401	48,224	NORMAL
	Q. Abad	60,867	41,342	NORMAL
	Trimmu	31,384	13,984	NORMAL
	Panjnad	10,820	0	NORMAL
Ravi	Jassar	2,129	2,129	NORMAL
	Shahdara	14,537	14,537	NORMAL
	Balloki	33,835	7,335	NORMAL
	Sidhnai	17,422	1,322	NORMAL
Sutlej	GS Wala	360	360	NORMAL
	Sulemanki	15,789	2,533	NORMAL
	Islam	2,849	449	NORMAL

FORECASTED IMPACT NEXT 24-48 HOURS

- **Rain-wind thundershowers with Few Heavy to Very Heavy Falls** expected
 - **Khyber Pakhtunkhwa** (Galiyat, Dir, Chitral, Swat, Kohistan, Malakand, Bajaur, Shangla, Battagram, Buner, Kohat, Bajaur, Mohmand, Khyber, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Charsadda, Hangu, Kurram, Waziristan, Bannu and DI Khan).
 - **Punjab** (Rawalpindi, Murree, Attock, Chakwal, Tala Gang, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Faisalabad, Okara, Pakpattan, Kasur, Khushab, Sargodha, Bhakkar, Mianwali, Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh, Rajanpur, Rahimyar Khan and Layyah).
 - **Islamabad Capital Territory**
 - **State of AJ&K** (Neelum, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhnoti, Kottli, Bhimber, Mirpur).
- **Mainly hot & humid with rain-wind / thundershowers** expected
 - **Balochistan** (Khuzdar, Kalat, Zhob, Barkhan, Jaffarabad and Naseerabad).
 - **Sindh** (Mithi, Umarmkot, Mirpurkhas, Sukkur and Larkana).
- **Mainly partly cloudy with rainfall activity** expected in **Gilgit Baltistan** (Diامر, Astore, Skardu, Gilgit, Ghanche, Shigar).
- **Moderate to Heavy Rainfall with Isolated Very Heavy Falls** expected over **Upper Catchments of All Rivers** from **2nd July** with **Maximum Intensity likely** from **4th to 7th July**
- **Medium to High Flood Level Peaks** expected at **River Chenab Downstream Marala** and **Medium Flood Level Peak** at **River Kabul at Nowshera** and **River Jhelum Upstream Mangla Dam** from **4th to 7th July**
- **Flash flooding and landsliding** in hilly / mountainous regions of **Balochistan, KP, GB and AJ&K**
- **Hill Torrents** along **Kirthar & Koh-e-Sulaiman Ranges** **likely to affect at-risk areas** of **Balochistan and Punjab**.
- **Urban Flooding** in municipal areas, i.e. **Lahore, Sialkot, Gujranwala, Narowal, Rawalpindi, Faisalabad, Peshawar.**

GUIDANCE ISSUED

- PDMA to ensure **early warning & prompt response** in **vulnerable areas** in light of forecasted conditions
- PDMA KP and Punjab to **ensure timely evacuation** of **at-risk population** from **low-lying areas** of **River Kabul and River Chenab Downstream Marala**
- PDMA to undertake **regular public awareness on all media channels / social media** to maximise general public's knowledge on risks associated with monsoon season; heavy rains, urban flooding, flash flooding, landslides, etc.
- **City / District Administrations** are to **ensure contingency plans** for areas vulnerable to flooding in urban centres, catering for **prompt de-watering operations in flooded areas.**
- **NHA / FWO / Local C&W Depts** to **ensure pre-placement of machinery** and **timely restoration of damaged road linkages.**
- **Rescue Services, Armed Forces** and leading **NGOs / CSOs** to **ensure availability of personnel / equipment** in the indicated areas & **be on stand-by for rapid response.**
- Ensure that **public avoid crossing nullahs** and **keep livestock away during adverse weather conditions.**
- Ensure that **public Does Not Venture Outside** during **Thunderstorms** and **Do Not Seek Shelter Under Trees** to **avoid risk of lightning strike.**
- Ensure that **public** undertakes **adequate measures** to **maintain their homes** from **adverse effects** of **heavy rainfall** in order to **avoid roof / wall collapses.**
- Additional **guidance** is available on **NDMA Website** and **"Pak NDMA Alert"** app available on Google **Play Store** and **iOS App Store.**